

# Let's listen deeply to what First Nations can teach us about child wellbeing



NAPCAN NATIONAL AUSTRALIAN  
CHILD ABUSE  
& NEGLECT

## TURNING CONVERSATION INTO ACTION

Presenters:

- [Kylie Captain](#), Gamilaroi woman, Director Dream Big Education Wellbeing & Consulting
- Emeritus [Professor Judy Atkinson](#), Jiman & Bundjalung woman, Founder [We Al-li](#)

In this webinar on **Monday 4 September 2023** the speakers discussed:

- Listening deeply to what First Nations can teach us about child wellbeing
- Enhancing our understanding of intergenerational healing, child development and how we can all help to create culturally safe environments where children can dream big.

The theme for National Child Protection Week (3 - 9 September 2023) was

**Every child, in every community, needs a fair go.**

**Where we start matters.**

The following sheet provides links to resources and topics that were mentioned in the above webinar, to help us **turn this conversation into action.**

**Recordings & Resource Sheets** for the National Child Protection Week 2023 webinars will all be available on the [NAPCAN website](#).



### Resources and links:

- Visit [Kylie Captain's website](#) to learn more about her work and her book and journal.
- Visit [We Al-li](#) to learn more about Judy Atkinson's work. You can also view her TEDx talk, "[The Value of Deep Listening - The Aboriginal Gift to the Nation](#)".
- Learn more about resources available at [SNAICC - National Voice of Our Children](#).
- The [Passing the Message Stick](#) research gives practical advice about the words and framing that we can use to help change the story on self-determination and justice for Aboriginal and Torres Strait Islander people.
- [The Healing Foundation](#) offers insight into intergenerational trauma and intergenerational resilience.
- [Family Matters](#) Campaign is valuable for finding out more and supporting connection to culture
- [Reconciliation Australia](#)
- [Aboriginal Studies Association](#)
- [AIATSIS](#) - national institution focused exclusively on the diverse history, cultures and heritage of Aboriginal and Torres Strait Islander Australia.
- Celebrate and connect to culture as part of campaigns such as [NAIDOC Week](#) (July), [Aboriginal and Torres Strait Islander Children's Day](#) (4 August)
- The [National Summit to Prevent Child Maltreatment](#)

### Quotes:

Quotes from Judy Atkinson:

- "Story is teacher and story is healer."
- "Deep listening is a gift from Aboriginal culture and it resonates through all levels of what's happening in the child wellbeing sector. We need to listen, not just with our eyes, but with our whole being including our heart."
- "If we listen to ourselves and then to our children, we're the ones that can heal this nation."
- "Dance and play and art are part of deep learning."

Quotes from Kylie Captain

- "In order to get to true healing, I think it's really about listening to the stories and allowing our people to share and grow and reflect."
- "Planting those seeds for our young people so they can know that they are worthy of a life they can dream up."
- "When you interact with little ones, they're always going to remember your energy."

Let's listen deeply to what First Nations can teach us about child wellbeing

- “It's time for all of us to really listen. My goal is to ensure that every child, regardless of whether you're black or white, has the opportunity to go through school knowing not just the truth of our country but also our rich and beautiful culture.”
- “When our kids are culturally safe, they do thrive.”

**Social media tiles** from the webinar are available on NAPCAN's [Facebook](#) or [Instagram](#)

**For more information, contact:**

NAPCAN Communications Manager, Helen Fogarty: [helen.fogarty@napcan.org.au](mailto:helen.fogarty@napcan.org.au)

**Thank you for your commitment to ensuring every child in every community has a fair go.**

**Child Protection Week 2024, 1-7 September**

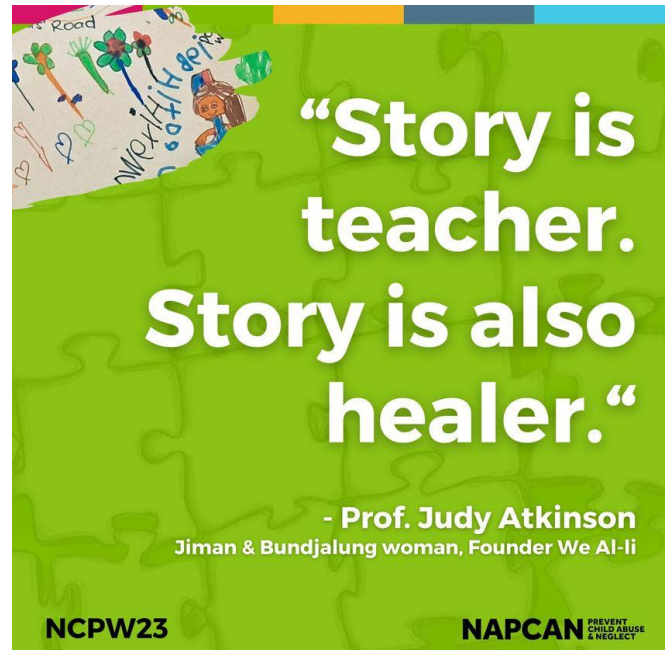


A social media tile featuring a video frame of Kylie Captain speaking. The background is green with a faint pattern of hands. The text is white and green.

**“When you interact with little ones, they're always going to remember your energy.”**

- Kylie Captain  
Gamilaroi woman,  
Director Dream Big Education Wellbeing & Consulting

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A social media tile featuring a video frame of Prof. Judy Atkinson speaking. The background is green with a faint pattern of hands. The text is white and green.

**“Story is teacher. Story is also healer.”**

- Prof. Judy Atkinson  
Jiman & Bundjalung woman, Founder We Al-li

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