

## Overview:

# LoveBites Senior Program (Years 10-12) 2022 RELEASE

The previous 2018 Manual release had both the Single-Day and Multi-Session program in the one document. We have now separated the document and are releasing the single day program first, followed soon by the multi-session program.

LOVE   
BiTES

RESPECTFUL  
RELATIONSHIPS  
EDUCATION FOR  
YOUNG PEOPLE

NAPCAN PREVENT  
CHILD ABUSE  
& NEGLECT

## General updates to both Single-Day and Multi-Session program

- The manual looks different and has many small improvements and changes, with general updates across most of the program activities and resources.
- Timings have been revised to reflect what many people are requiring
  - Session 1: 120mins
  - Session 2: 70mins
  - Session 3: 120mins (Active Bystander component is now included in session 3)
- There are further tools and resources to support facilitators, including:
  - a program overview from LBJ-LBS
  - a pdf doc with all the resources (and a list of resources in the manual) to make it easy to create your own resource kit
  - mapping documents that link the program to the essential actions required to reduce the drivers of violence
  - a teacher/staff Code of Conduct (for those who haven't done LB training)
  - new pre-Love Bites form for young people to complete, updated post program feedback form

## Changes

- **New activity:** Consent culture versus abuse culture continuum.
- Reduced number of Timeline Events (16 V's 27)
- Sexual Assault laws have been removed and replaced with a new **Sexual Behaviours Activity** that includes essential factors (age, consent, power and authority, understanding, drugs and alcohol and safe sex), with example scenarios that pair with each type of sexual behaviour. Scenarios include a respectful example along with 2 abusive examples for each type of sexual behaviour.
- Further questions and discussion prompts across a broader range of the LB activities regarding:
  - placing responsibility onto the abuser
  - inclusion of language and explanations regarding coercive control
  - the role of pornography in shaping expectations, attitudes and beliefs
  - strengthening of signs of a healthy relationship, 'green flags'
  - strengthening of how to support a friend



### Single-Day Release

- additional extension activities including many of the old favourites that people find themselves adding in
- removal of attitudes and beliefs scenarios (used in Multi-Session only)
- removal of healthy relationships summary clip (still an option in additional materials and used in Multi-session)



### Multi-Session Release

- More extension activities and options to choose from
- Additional/New video clips

