

Being kind is powerful and simple. It's also contagions.



What is an act of kindness that you'd like to tell us about?

You can write words, add a picture - or both! Use as much colour as you like :)

Share your act of kindness with us. Take a photo then either:

1. Enter on our website www.napcan.org.au or 2. Email us nt@napcan.org.au

Be a part of the NT Acts of Kindness Challenge!

Name (optional)

Town or community (optional)

I understand that by submitting my **act of kindness**, I give permission for NAPCAN to use the information I have provided on their website, social media and Children's Week displays.

