

# **NAPCAN**

**WORKING WITH YOU  
TO PREVENT CHILD ABUSE  
& NEGLECT.**

**> WORKSHOPS AND TRAINING**

**> INFORMATION AND RESOURCES**

**> KEY PROJECTS NATION-WIDE**

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[www.napcan.org.au](http://www.napcan.org.au)

# NAPCAN

## WORKING WITH YOU TO PREVENT CHILD ABUSE & NEGLECT.

**NAPCAN (National Association for Prevention of Child Abuse and Neglect) is a national organisation dedicated to the safety and wellbeing of Australia's children and young people.**

We differ from most organisations working in the field of child abuse and neglect, in that we are primarily focused on PREVENTION.

Our strategy is focused on supporting high quality child abuse prevention research, advocating for child safe policies and strategies, coordinating National Child Protection Week, and providing a range of resources and training to support the safety and wellbeing of children and young people.

This document outlines some of NAPCAN's core work including:

- > **WORKSHOPS AND TRAINING**
- > **INFORMATION AND RESOURCES**
- > **KEY PROJECTS NATION-WIDE**



# WORKSHOPS AND TRAINING

To see upcoming workshops, visit NAPCAN's online training calendar at

**[www.napcan.org.au/training/](http://www.napcan.org.au/training/)**

or via our home page at

**[www.napcan.org.au](http://www.napcan.org.au)**

For training that is not already listed on the training calendar, please contact **NAPCAN** on **[contact@napcan.org.au](mailto:contact@napcan.org.au)** or phone **02 8073 3300**, and let us know what training you are interested in, your location, and number of people interested.

**CHILD SAFE ORGANISATIONS WORKSHOP**

**CHILD ABUSE AND NEGLECT PREVENTION /  
MANDATORY REPORTING WORKSHOP**

**DOMESTIC AND FAMILY VIOLENCE  
AWARENESS WORKSHOP**

**PROTECTIVE BEHAVIOURS AND THE COMMUNITY  
WORKSHOP (including All Children Being Safe)**

**7 STEPS TO SAFETY**

**LOVE BITES (including Love Bites Junior)**

**ABORIGINAL GIRLS' AND BOYS' CIRCLE**

## WORKSHOPS AND TRAINING cont.



### CHILD SAFE ORGANISATIONS WORKSHOP

**This introductory workshop covers:**

- Background of child safe organisation development
- Establishing and maintaining a child safe culture
- Child inclusive practice
- How to create child safe and friendly environments
- Key elements of a child safe organisation.

**Audience:**

All organisations who deal directly or indirectly with children and young people. Suitable for staff and volunteers.

**Duration:**

3.5 hours



### CHILD ABUSE AND NEGLECT PREVENTION / MANDATORY REPORTING WORKSHOP

**This level of understanding is essential knowledge for anyone working with families and children. This interactive workshop covers:**

- Child abuse and neglect prevention strategies
- Legislative and organisational roles/responsibilities in reporting child abuse and neglect (i.e. mandatory reporting, policies and procedures)
- Organisational/individual responsibility in responding to early indicators of harm and family support needs
- Definitions of child abuse and neglect including recognising harm indicators and child/family risk and protective factors
- How to respond to disclosures of child abuse and neglect
- Tools and resources to promote conversations about child safety

**Audience:**

All organisations, especially those working directly with children such as early learning. Suitable for staff, volunteers and general community.

**Duration:**

3 hours

**NOTE:** This workshop is also available as a specialised Early Education and Child Care Workshop (2.5 hours).

## WORKSHOPS AND TRAINING cont.



### DOMESTIC AND FAMILY VIOLENCE AWARENESS WORKSHOP

**In order to prevent domestic violence, we all need to understand how we can play our part. This workshop covers:**

- Definition of domestic violence
- Drivers of domestic violence
- Impact on children
- Support strategies for children and families.

**Audience:**

All organisations, especially those working directly with families and children. Suitable for staff, volunteers and general community.

**Duration:**

2 hours



### PROTECTIVE BEHAVIOURS AND THE COMMUNITY WORKSHOP (including All Children Being Safe)

**NAPCAN's Protective Behaviours Workshop is about the role of all members of the community in helping to keep children safe from harm. Topics include:**

- How to respond to disclosures
- How to engage with children and young people to help them develop knowledge and strategies that increase their safety (including what it means to be safe, early warning signs, safety networks)
- How to facilitate the All Children Being Safe program. All Children Being Safe is a program for young children to teach them about strategies for safety. The six-week program uses stories, lesson plans, art and craft activities to explore messages around safety using bush animals (kangaroo, echidna, dingo, kookaburra, koala and king parrot).

**Audience:**

All organisations, especially those working directly with children such as early learning. Suitable for staff, volunteers and general community.

Suitable for organisations working with families in rural and remote Aboriginal and Islander communities.

**Duration:**

Full day

## WORKSHOPS AND TRAINING cont.



### 7 STEPS TO SAFETY

**This workshop is a flexible and child-friendly kit that aims to help families give their children the skills and confidence to feel, and be, safe at home. The kit:**

- Provides information, activities and tips to help families identify circumstances that could place children at risk of harm and to develop strategies to prevent or deal with risky situations
- Aims to build resilience in children by helping them to gain skills and confidence in their ability to make decisions in a range of situations
- Provides information for families about preparing their children to stay home and be safe
- Builds on family strengths
- Provides opportunities for families to work together in creating safe and positive environments for children
- Can be adapted to meet specific risk needs of individual families.

**The seven steps are:**

- Step 1 - Make your place safe
- Step 2 - Cool tools for family rules
- Step 3 - Feel safe with people
- Step 4 - What's special about our family?
- Step 5 - Emergency
- Step 6 - Ready yet?
- Step 7 - Make a care plan

**Audience:**

Anyone who works with families, caregivers and communities and wants to engage them in discussions and planning around children's safety.

**Duration:**

3 hours



### LOVE BITES (including Love Bites Junior)

Love Bites is a Respectful Relationships Education Program for grade 10 students. It consists of two interactive workshops: one on Relationship Violence, and one on Sex and Relationships, followed by creative workshops and community campaigns. Love Bites is a flexible model with options to use a full day or multi-session delivery approach. The program emphasises the importance of a whole-of-school commitment to respectful relationship education.

The program now includes Love Bites Junior, a set of age-appropriate lesson plans to introduce Respectful Relationships concepts to students in grades 7-9.

**Audience:**

All organisations working with teenagers, especially high schools, who want to run the Love Bites program. On completion of the course, staff are qualified to deliver Love Bites in their school or community.

**Duration:**

2 days

## WORKSHOPS AND TRAINING cont.



### ABORIGINAL GIRLS' AND BOYS' CIRCLE

The Aboriginal Girls' Circle began as an initiative to increase social connection, participation and self-confidence amongst Aboriginal girls attending secondary schools – aiming to empower young women to be change agents in their community. The program involves teachers, elders and community members. Activities include residential camps, in-school projects, and community projects.

Following the successful evaluation of the Dubbo pilot by Western Sydney University, NAPCAN has formed a partnership with the NSW AECG (Aboriginal Education Consultative Group) and Western Sydney University to build on the outcomes of the evaluation, including the development of an Aboriginal Boys' Circle.

**Audience:**

Organisations working with Aboriginal and Torres Strait Islander girls.

**Availability:**

This initiative is available through a 'community partnerships model' led by established local steering groups with the consent and support of local elders. In 2017, the Girls' Circle and Boys' Circle has been rolled out to high schools in Western Sydney.



# INFORMATION AND RESOURCES

In addition to training and workshops, **NAPCAN** offers a wide range of resources available at [www.napcan.org.au](http://www.napcan.org.au)

Current key resources include the following:

- **BROCHURES**
- **POSTERS**
- **VIDEOS**
- **ONLINE TIP SHEETS**
- **RECENT RESOURCES FOR USE BY SERVICE PROVIDERS**





## BROCHURES

### **Suite of brochures about interacting with children:**

- Ways to support and encourage a child's right to speak and be heard
- Domestic violence hurts children too!
- It's not okay to shake babies
- Alternatives to smacking
- Listening to babies
- Listening to children
- Listening to young people
- Keeping children safe from sexual abuse
- 30 ways to boost a child's confidence
- Use words that help not hurt
- When a child feels sad
- The importance of play
- Being a dad

### **Suite of brochures highlighting how different groups in the community play important roles in creating child friendly communities and 'Initiate, Involve, Inspire':**

- School Communities
- Sporting Groups and Clubs
- Community Organisations
- Early Childhood Communities
- Local Communities
- Workplace Communities



## POSTERS

**NAPCAN has a range of posters available:**

### **National Child Protection Week posters**

Each National Child Protection Week (NCPW) **NAPCAN** produces at least two posters highlighting the Play Your Part messages. These are designed to have a life beyond just the NCPW dates.

**[www.napcan.org.au/resource-hub/napcan-child-protection-week-posters/](http://www.napcan.org.au/resource-hub/napcan-child-protection-week-posters/)**

### **Love Bites posters**

**NAPCAN** has also produced a range of posters using artwork and messages produced by students who have completed the Love Bites respectful relationships programs.

### **United Nations Rights of the Child poster**

### **Northern Territory Code of Ethics for people working with Children poster**



## VIDEOS

**NAPCAN** has a number of high quality video resources available at <http://napcan.org.au/resource-hub/video-resources/>

**If Your Child Could Talk** - 30-second clip about the importance of a loving environment for babies

**Children See, Children Do** - 1-minute clip about the importance of setting a good role model for children

**Talk to Your Baby** - 30-second clip highlighting the importance of talking to your baby

**The Continuum of Wellbeing** - 3-minute film outlining the concept of the continuum of wellbeing for children and how the community can play their part in protecting children.



## ONLINE TIP SHEETS

Practical examples of how we can all play our part. These are available at:

<http://napcan.org.au/resource-hub/what-role-can-i-play/>

- Health Practitioners
- Teachers
- Neighbours
- Local Government
- Politicians
- Aunts/Uncles
- Brothers/Sisters
- Youth Workers
- Grandparents
- Shops
- Business
- Religious Communities
- Media
- Young People
- Partners
- Community Workers
- Friends
- Carers
- Police
- Parents



## RECENT RESOURCES FOR USE BY SERVICE PROVIDERS

### **Stronger communities, safer children: Findings from recent Australian research on the importance of community in keeping children safe**

A 12-page document prepared in partnership with AIFS which shows evidence of how building community can help to create a safer environment for all children.

Available for download at:

<http://napcan.org.au/launch-of-napcan-and-aifs-research-findings/>

### **Children's Voices Project**

**NAPCAN** launched the Children's Voices Project during National Child Protection Week 2016 as a way of encouraging local communities to engage young people in conversations and decision-making to build stronger communities. The project includes an online information kit and printable activity sheet which provides a framework for collecting and sharing children's ideas relating to 'What do you like most about your local community?' and 'What would you change about your local community?'. The resources are available for download at:

<http://napcan.org.au/napcan-launches-the-childrens-voices-project/>

### **Keeping Safe Together**

**NAPCAN** has developed this interactive booklet for Northern Territory children in crisis accommodation as a way of recognising their needs and incorporating their voices into service provision. By completing a range of activities with a worker and their parent, the children get to share their feelings, participate in case planning and develop a safety plan for their own use when they leave the service.

This booklet is based on extensive consultation with women's crisis accommodation services across the Northern Territory and has been funded by the NT Government.



## KEY PROJECTS NATION-WIDE

In addition to the core roles already outlined in this brochure (i.e. advocacy and peak body services, training and workshop delivery, and production of information and resources), **NAPCAN** is funded for key projects nation-wide including:

- **COORDINATION OF NATIONAL CHILD PROTECTION WEEK**
- **QUEENSLAND STATEWIDE PREVENTION PROGRAM**
- **NORTHERN TERRITORY PEAK BODY ON PREVENTION OF CHILD ABUSE AND NEGLECT**
- **NORTHERN TERRITORY RESPECTFUL RELATIONSHIPS PROGRAM**
- **INNER WEST RESPECTFUL RELATIONSHIPS PROJECT (SYDNEY)**



## COORDINATION OF NATIONAL CHILD PROTECTION WEEK

National Child Protection Week invites all Australians to play their part to promote the safety and wellbeing of children and young people, and promote the message that 'Protecting children is everyone's business'. Launching on Father's Day every year, National Child Protection Week supports and encourages the safety and wellbeing of Australian children and families through the Play Your Part Awards, events, programs and resources. **NAPCAN**'s campaign aims to provide communities and individuals with practical information on how to 'Play Your Part' and to embed primary prevention messages into social discourse. It also provides a platform for communities to be empowered, resourced and mobilised to take action at a local level.

## QUEENSLAND STATEWIDE PREVENTION PROGRAM

During 2017-2020 **NAPCAN** is funded by the Queensland Government to support the prevention of child abuse and neglect through:

- The statewide delivery of professional development workshops to educate organisations and community members about their role in the mandatory reporting system and the prevention of child abuse and neglect. Core workshops being delivered are Child abuse and Neglect Prevention/Mandatory Reporting Workshop, and Child Safe Organisations Workshop. Other training is delivered where particular needs are identified and resources permit.
- Campaigns and community engagement activities to support the messaging of child protection awareness, and 'play your part' campaigns.
- The provision of specialist consultation, advice and advocacy, raise awareness of child protection issues and promote prevention strategies within the community.
- Piloting a Play Your Part community development approach with an early education centre to support the implementation of the First 1000 days framework. This partnership includes an audit to identify strengths, need and practice gaps; staff training; and support for community engagement.



## NORTHERN TERRITORY PEAK BODY ON PREVENTION OF CHILD ABUSE AND NEGLECT

**NAPCAN** has been funded by the Northern Territory Government for over 10 years to promote child safety and wellbeing through a range of prevention strategies including:

- Workshops and forums
- Provision of expert advice
- Encouraging child safe organisational practice
- Partnering with clubs, organisations and communities to be child friendly and child safe
- Coordination of National Child Protection Week and Children's Week.

## NORTHERN TERRITORY RESPECTFUL RELATIONSHIPS PROGRAM

**NAPCAN** has been funded by the Northern Territory Government (2017/18) to implement a youth focussed domestic violence prevention program in the Northern Territory, based on the Love Bites and Love Bites Junior Programs. The model includes comprehensive training, skills development and resources to community members, service providers and professional staff and will:

- Build on support for Love Bites in the Northern Territory making it easier to 'kick start' the program in a large number of schools and organisations
- Develop a full suite of associated training and support to build capacity within the Youth Justice Sector and support the ongoing delivery of the program.
- Provide a strong **NAPCAN** presence, experience, and partnerships in the Northern Territory.
- Develop the program in consultation with young people and constant information from a built-in feedback process.





## INNER WEST RESPECTFUL RELATIONSHIPS PROJECT (SYDNEY)

**NAPCAN** and the **Inner West Council** established a partnership in 2016 with the shared vision of working together to create generational change to end domestic and family violence (DFV) by providing every child and young person in the municipality with the opportunity to participate in respectful relationships education.

**The Inner West Respectful Relationships Project** emerged from this partnership, with the initial aim to scope the interest and need for respectful relationships education (RRE) for children and young people (aged 3-17 years) across the Inner West communities. Researchers from the Centre for Educational Research, Western Sydney University (WSU) led the design and conduct of the research in collaboration with NAPCAN, the Inner West Council and the Project Steering Group.

A broad base of community support for providing respectful relationships education (RRE) and collaborating in community-based prevention campaigns was established through the initial scoping study phase. The report identified the need for coordination across agencies to build capacity and momentum for whole community change and emphasised the need for a strategic approach that could progress from awareness-raising to skills-based education, thus providing the means to engage everyone in playing their part to address DFV. The project partners are now working together to develop an implementation plan.

## **CONTACT US**

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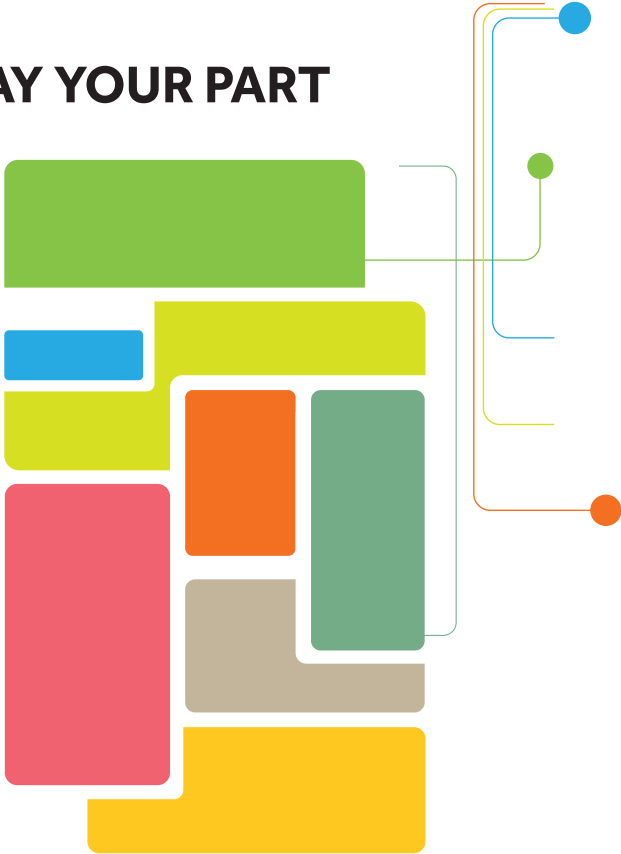
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**PLAY YOUR PART**



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