



Australian Association for
Infant Mental Health Inc.

MOTHERING FROM THE INSIDE OUT: A MENTALISATION BASED THERAPY FOR MOTHERS IN ADDICTION TREATMENT

Associate Professor Nancy Suchman, Yale
University

DATE: Friday 7th September 2018
TIME: 9.00AM-5.00PM
VENUE : Next Generation, War Memorial Drive, North
Adelaide

ABOUT THE PRESENTER

Nancy Suchman, Ph.D. is a licensed Clinical Psychologist and Associate Professor of Psychology at Yale University School of Medicine in the Department of Psychiatry and the Yale Child Study Centre. For over 20 years, funded by the National Institutes of Health, She has been developing and evaluating parenting interventions for mothers with substance use and psychiatric disorders who are caring for young children. Her research is grounded in attachment-based approaches and informed by the unique neurobiological, psychological and social implications of addiction and mental illness for parenting. Dr. Suchman is also a graduate of the Western New England Psychoanalytic Society's 2-year training program in Psychodynamic Psychotherapy. She has conducted presentations and workshops in the United States and internationally in Canada, Finland, and South Africa.



ABOUT THE SEMINAR:

Parents with substance abuse disorders and mental illness face unique challenges as parents that may not be addressed by parenting programs available in the community. *Mothering from the Inside Out (MIO)* is an evidence-based intervention for mothers with addiction and mental health problems. MIO is grounded in attachment theory and takes into account the unique neurobiological, psychological and sociocultural implications of addiction and mental illness for parenting young children. In this one day workshop, participants will learn about (a) theoretical and empirical foundations on which MIO is based, (b) MIO intervention principles and strategies, (c) assessment methods used to evaluate MIO's efficacy, and the latest research findings on MIO's efficacy. Participants will also have the opportunity to view video excerpts from MIO assessments and treatment sessions and to learn and practice MIO therapeutic techniques.

Australian Association for Infant Mental Health (SA Branch)
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Affiliated with the



WORLD ASSOCIATION FOR
INFANT MENTAL HEALTH

TAX INVOICE

ABN: 93 045 030 281

First Name _____ Last Name _____

Organisation _____

Address: _____

Tel No: _____ Email: _____

Special Dietary Requirements _____

REGISTRATION FEES (Including Lunch)

Friday 7th September 2018

“Mothering from the Inside Out: A Mentalisation-Based Therapy for Mothers in Addiction Treatment” with Nancy Suchman

NON AAIMHI MEMBER		AAIMHI MEMBER (at time of registration)	
Early Bird Up to 10 th August 2018	\$240 (inc \$21.82. GST)	Early Bird Up to 10 th August 2018	\$200 (inc \$18.18 GST)
Full Registration From 11 th August 2018	\$280 (inc \$25.45 GST)	Full Registration From 11 th August 2018	\$230 (inc \$20.91 GST)

REGISTRATIONS CLOSE Friday 31st August 2018

Enquiries re payment and/or registration Thomas Luke or 0430 647 840 or email at or aaimhi@gmail.com

Enquiries re training: Sally Watson monte@ace.net.au

PAYMENT DETAILS (Please tick one)

- Money Order
- Cheque attached Payable to AAIMHI SA
- Pay online at www.dramatix.com.au (scroll down webpage until you find AAIMHI Logo with 7th September)
- Bank Transfer BSB 105-148 Account Number: 020405040 (Please identify with **your surname and Nancy Suchman**).

Ensure that if paying via dramatix that a copy of this form is sent to AAIMHI Nancy Suchman, PO Box 473 Glenside 5065 or scan and email to aaimhi@gmail.com

No registrations will be confirmed until this form and payment are received.

CANCELLATION & REFUNDS: Up to 2 weeks in advance- 80% refund. Less than 2 weeks – 20% refund