

GRANDPARENTS

Grandparents play their part to protect and care for children and young people in their community by caring for and nurturing families, as well as providing support, reassurance and love.

Spend time with children and young people in your life. By playing, listening and learning from them, you show them that they are important.

Create opportunities for all the children/young people in your family to spend time together.

Be a positive role model. Children and young people learn from the people that they spend time with, so make your influence positive.

If possible, offer to be an emergency contact for the family. Make sure that the children/young people know that you are the emergency contact too so they feel included.

Be a friend to parents that you know. Parenting can be tough, especially for new and young parents. Keep reminding them that you are there to help.

Think about safe and respectful ways to be an active bystander if you see an adult being inappropriate towards a child or young person.

Congratulate families and young people when you see or hear good things happening.

