

**NATIONAL CHILD PROTECTION WEEK**  
**6 – 12 SEPTEMBER 2015**

**NAPCAN** PREVENT  
CHILD ABUSE  
& NEGLECT

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**TOP  
TIPS**

**PLAY  
YOUR  
PART**



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## INDIVIDUALS

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Celebrate fathers and family – which can come in many different forms, by getting everyone together – such as for a home cooked meal to connect with the people you love. Involve children in planning this too.

**SUNDAY**  
**6/9** **FATHER'S**  
**DAY**

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## LOCAL BUSINESS

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Do you support children and young people to be comfortable in accessing your business? Create a family friendly culture.

For tips on how to create a child safe organisation – contact NAPCAN





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### **INDIVIDUALS**

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Be a friend to parents that you know – offer support and practical help, such as spending time with the children in your life to help give parents some time out.

**MONDAY**  
**7/9**

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### **ORGANISATIONS**

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Promote a family friendly environment in the workplace, offering flexible arrangements so workers can support their families and share a directory of local quality childcare services and community resources.





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**INDIVIDUALS**

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Go to a parents meeting at your child's school, talk to your child's teacher about their development and wellbeing, participate in an activity at your community centre / library or get to know your neighbours.

**TUESDAY**  
**8/9**

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**ORGANISATIONS**

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Offer support to your staff. Try hosting a session on stress relief and relaxation. If you support a parent you help a child.





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### **INDIVIDUALS**

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Encourage a healthy activity with the children and young people in your life such as a walk, fun/run, bike ride or games night.

**WEDNESDAY**  
**9/9**

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### **ORGANISATIONS**

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Share National Child Protection Week resources such as posting a web banner or share NAPCAN video on your website, encourage staff members to save the email signature graphic, put up posters in your office and make the tip sheets available. See: [napcan.org.au/resource-hub](http://napcan.org.au/resource-hub). Share the message: "Protecting children is everyone's business."





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## **INDIVIDUALS**

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Talk about safety with your child, about what being unsafe might look and feel like at home, in the community, online or at school. Make plans about what to do if/when they feel unsafe. Especially encourage them to talk about what makes them feel safe and who they can talk to when they have worries. Talk about respectful relationships with your child and support this being taught at their school.

**THURSDAY**  
**10/9**

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## **ORGANISATIONS**

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Host an event such as a family fun day to share community resources that are available to parents and fun activities for children and young people, or hold a morning tea displaying NAPCAN brochures that promote the safety and wellbeing of children and young people – download here:

<http://napcan.org.au/resource-hub/napcanbrochures/>





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### **INDIVIDUALS**

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Explore the world from a child's point of view and volunteer at your child's school/child care or at their sports activity. Be a positive role model. Children and young people learn from the people that they spend time with, so make your influence positive.

**FRIDAY**  
**11/9**

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### **ORGANISATIONS**

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Ask children and young people to express what's important to them in an artwork and display it or design a survey for them to encourage their participation. There is no substitute for hearing the feelings, thoughts and experience of young people directly.





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## INDIVIDUALS

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Let your friend, child, or family member know you're there for them. Ask children and young people in your life what activities they like doing and enjoy it with them.

**SATURDAY**  
**12/9**

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## ORGANISATIONS

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Partner with a local community organisation or school to support children and families, such as sponsoring a children's sporting team or a drama activity about bullying.

Need more ideas? Go to [www.napcan.org.au](http://www.napcan.org.au)





**Protecting Children is  
Everyone's Business,  
Play Your Part.**

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[napcan.org.au](http://napcan.org.au)

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